

Heart-to-Home Review

My mother, age 91, has been a resident of the Heart-to-Home Mendakota facility for 3 ½ years. She is very well cared for with personal attention since there are only 6 residents at the home which is located in a friendly residential area. During the two day shifts there are always two qualified staff members to care for the 6 residents; an excellent resident/staff ratio. Each week there are many “extracurricular” activities such as music and singing hour lead by a guitarist, arts and crafts projects, and “Accordion Pete” visits with his trusty black lab. There are many annual special events such as the Como Park Conservatory Visit, the 4th of July Party, the Halloween Party, the Christmas Gala, the State Fair Competition, and The meals are very nutritional, well prepared and provide an excellent variety. The residents all dine together at a traditional dining room table and atmosphere.

Heart-to-Home is owned and personally operated by a very unique team of four professionals. Josh is the business and financial manager. His dad, Nick has built and maintains the facilities both the structures and the grounds. And the facilities rate an A++++ for neatness and appearance. Amy is the operations manager in charge of staffing and logistics. I have been truly amazed and impressed on how Amy finds all the talented and caring staff members who are all extremely well qualified. And finally, Paulette who is a very experienced and knowledgeable geriatrics nurse. Paulette keeps charts and analyzes resident health on a daily basis...each morning. Paulette consults with Dr. Todd Stivland as needed. Dr. Stivland is a graduate of the Mayo Medical School and visits each resident a minimum of once each month at the Heart-to-Home facilities. I could not wish for or imagine a more qualified team of owners and care givers.

I visit Mom three times a week on average and have NEVER, in over three years now, found her anything but happy and enjoying life. I believe the “residential home” approach to assisted living is destined to be the preferred care approach to care for the elderly. The homes are simply residential type buildings that blend into a residential neighborhood. The Heart-to-Home facilities are both in Mendota Heights. I am on the Mendota Heights City Council and have NEVER received a neighborhood complaint about these operations. I believe the “residential homes” will grow in number as more and more people become aware of this assisted living care for our elders.

Jack Vitelli
City Council Member
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